



# Tae Kwon Do

## BTS Poole

### Newsletter N° 6

Welcome to all new students to the martial art of Tae Kwon Do.

Firstly for those who are not aware BTS Poole holds regular gradings and competitions. It is via these gradings that students can make their way to the coveted grade of 1<sup>st</sup> Dan Black Belt. The dates for this years grading and seminars are as follows:-

**February, Saturday 21<sup>st</sup> Seminar, Sunday 22<sup>nd</sup> Grading**  
**May, Saturday 22<sup>nd</sup> Seminar, Sunday 23<sup>rd</sup> Grading**  
**August, Saturday 7<sup>th</sup> Seminar, Sunday 8<sup>th</sup> Grading**  
**November, Saturday 6<sup>th</sup> Seminar, Sunday 7<sup>th</sup> Grading**  
**Dan Grading, November, Saturday 27<sup>th</sup> Seminar, Sunday 28<sup>th</sup> Grading**

The seminars will be from 10.00am till 12.00pm and will cost £6.00 the gradings will start at 9.30am and finish approx 1.00pm and will cost £20.00. Parents and friends are welcome to attend but it must be noted that the grading is an exam and therefore respect must be given to the students taking their grading.

To be entered for a grading students must be firstly members of the club and be wearing the correct uniform and badges, they must also attend the seminar the day before which will be taken by Master Brown 5<sup>th</sup> Dan (Principal British National Team Coach), both uniforms and membership should be obtained from the club instructor Mr J Harrison.

I will be starting to pick the BTS Poole Team shortly anyone interested in competing should be training at least twice a week. We will try and attend at least 2 national competitions per year, also anyone with the right ability may be picked to compete abroad!! It must be noted however that it is now a compulsory aspect that anyone wishing to fight in a national open competition or international competition must attend at least 50% of the regional squad training sessions. These usually happen on the first Sunday of the month start at 1pm and finish at 4pm in Southampton for more details speak to John Harrison. We will be attending the Xtreme Taekwondo Competition in Plymouth in march speak to John Harrison for more details.

**IMPORTANT**  
As from the 1<sup>st</sup> of February due to increases in hall hire at Broadstone the children's classes on both Tuesday's and Thursday's will be £4.50

**IMPORTANT**

Good Luck and Train Hard