



Tae Kwon Do

BTS Poole

Newsletter N° 5

Welcome to all new students to the martial art of Tae Kwon Do.

Firstly for those who are not aware BTS Poole holds regular gradings and competitions. It is via these gradings that students can make their way to the coveted grade of 1st Dan Black Belt. The remaining date for this years grading and seminar is as follows:-

**November, Saturday 15th Seminar, Sunday 16th Grading
Dan Grading, December, Saturday 6th Seminar, Sunday 7th Grading**

The seminar will be from 10.00am till 12.00pm and will cost £6.00 the grading will start at 9.30am and finish approx 1.00pm and will cost £20.00. Parents and friends are welcome to attend but it must be noted that the grading is an exam and therefore respect must be given to the students taking their grading.

To be entered for a grading students must be firstly members of the club and be wearing the correct uniform and badges, they must also attend the seminar the day before which will be taken by Master Brown 5th Dan (Principal British National Team Coach), both uniforms and membership can be obtained from the club instructor Mr J Harrison.

I will be starting to pick the BTS Poole Team shortly anyone interested in competing should be training at least twice a week. We will try and attend at least 2 national competitions per year, also anyone with the right ability may be picked to compete abroad!! It must be noted however that it is now a compulsory aspect that anyone wishing to fight in a national open competition or international competition must attend at least 50% of the regional squad training sessions. These usually happen on the first Sunday of the month start at 1pm and finish at 4pm in Southampton for more details speak to John Harrison.

The next competition should be in Southampton in December the date has yet to be arranged as soon as I am informed of the date I will let everyone know!!

As from the 2nd October I will be starting a new children's class at Broadstone Leisure Centre from 4.30pm to 6.00pm for all of those children who would like to train twice a week but are unable to attend the later classes. This new class is open to both experienced and beginners alike, and will also be £4.00 per session.

On a final note please can all parents let the club instructor have a contact number in case of emergency, as this is a physical martial art and accidents do happen!

Good Luck and Train Hard

Club Instructor: Mr J Harrison 4th Dan Tel: 01202 593225 01202 601776 07770 772992