



Tae Kwon Do

BTS Poole



Newsletter N° 4

Welcome to all new students to the martial art of Tae Kwon Do.

Firstly for those who are not aware BTS Poole holds regular gradings and competitions. It is via these gradings that students can make their way to the coveted grade of 1st Dan Black Belt. The dates for this years gradings and seminars are as follows:-

March, Saturday 9th Seminar, Sunday 10th Gradings
June, Saturday 22nd Seminar, Sunday 23rd Gradings
September, Saturday 14th Seminar, Sunday 15th Gradings
November, Saturday 30th Seminar , Sunday 1st December Gradings

The seminars will be from 10.00am till 12.00pm and will cost £5.00 the gradings will start at 9.30am and finish approx 1.00pm and will cost £20.00. Parents and friends are welcome to attend but it must be noted that the gradings are exams and therefore respect must be given to the students taking their gradings.

To be entered for gradings students must be firstly members of the club and be wearing the correct uniform and badges, they must also attend the seminar the day before which will be taken by Master Brown 5th Dan (Principal British National Team Coach), both uniforms and membership can be obtained from the club instructor Mr J Harrison.

As mentioned before I have also managed to arrange a regular sports squad training session on the last Thursday of each month hosted by Mr Gareth Brown who is the current British Lightweight Champion and is probably one of our hottest prospects for reaching the next Olympic Games, The next session will be held at Poole Sports Centre on Thursday 28th February from 8.00pm to 10.00pm) at a cost of £6.00 (Gareth is in the USA attending probably the largest competition in the world, there may be a last minute change to Thursday 6th March please phone me to confirm). Anyone hoping to fight in any forthcoming competitions must attend these training sessions.

Taking the competition scene one step further, due to the growing numbers and corresponding safety aspects with regard to the sport, it is now a compulsory aspect that anyone wishing to fight in a national open competition or international competition must attend at least 50% of the regional squad training sessions. These usually happen on the last Sunday of the month start at 1pm and finish at 4pm in Southampton for more details speak to John Harrison.

We now have a team tracksuit, which has taken some time to sort out, for the juniors we have now managed to get someone to manufacture the tracksuits to the same specification as the adult suits.

The costs will be £46 for the top (including the embroidery) and if required the trousers will be £19.50, please contact Mr Harrison for details.

On a final note please can all parents let the club instructor have a contact number in case of emergency, as this is a physical martial art and accidents do happen!

Good Luck and Train Hard